

**Biography:**

Thank you for a presenting this scientific career opportunity. I am pleased to share my brief

biographical sketch. My name is Dr. Samuel Keith Williams, III, MD, CPG. I was born

November 23, 1980 in Killeen, Texas. My father is a retired U.S. Veteran from the War in Iraq

and my mother is a small business owner in Columbia, South Carolina. I grew up in a single

parent household for the vast majority of my life. For a long time, I was the eldest of 10 children.

I attended the public schools in Columbia, SC where I performed well academically. I was the

only African American and sophomore in a junior level general chemistry course at Dutch Fork

High School in Irmo, SC. There, I also was a Varsity Cross Country athlete and one of the

Fastest 4A cross country runners in the State of South Carolina. I moved to Hephzibah, GA in

1997 and attended Butler High School where I was an honor student and captain of the track

team, and one of the top pole vaulters in Richmond County. Upon graduation I attended the

Health Careers Opportunity Program (HCOP) at Savannah State University(SSU) and graduated

as the Valedictorian. I attended Morehouse College in Atlanta, Georgia on a ½ Tuition

Academic Scholarship and was a member of the Honors Program. At Morehouse College,

amongst other honors I made an A in Advanced Physical Chemistry. I attended fireside

conversations with the President Emeritus Dr. Walter E. Massey. I have had a love for

entomology since childhood and recently have begun studying it again. I attended Meharry

Medical College School of Medicine in Nashville, Tennessee and graduated with a 3.01GPA. I

currently serve as the Meharry Medical College National Alumni Association’s South Georgia

National Alumni Association President and run the Secret Society of Meharry Facebook Group.

I trained in internal medicine at Boston Medical Center/Boston University Medical Center. Upon

graduation I gained acceptance to the Harvard Massachusetts General’s Fellowship in Geriatric

Medicine, but went to Johns Hopkins University School of Medicine’s Geriatric Medicine and

Gerontology Fellowship instead. I graduated their Research and Clinical track. Shortly

afterwards, I completed the National Health Service Corps (NHSC) Scholarship followed

by the GBPW/SMEB. Both programs were geared towards serving the underserved in an

inner-city urban community, and rural GA counties respectively. Since then, I have worked as a

locum tenens healthcare provider and practiced tele-health. I joined Sigma Xi while a fellow at

Johns Hopkins University, as an At-large member. I am also a member of Sigma Phi

Omega(SPO) and was awarded the 2022 Service Project Award. On a personal note, I am

a single father raising 2 minor children with assistance. I have an older son who lives in

Normal, IL. My curriculum vitae explains many areas of interest. Of note, I am a first semester

online MBA student at Eastern New Mexico University (ENMU)—Portales. I tutor parasitology

in the virtual library and am a Graduate Assistant under Dr. Zhang. In my role of physician,

I try to contribute to the field based on what I have been taught in my various instructional

institutions. I have several publications, including one in a journal focused on best practices.

I also have served as a mentor in the NHSC mentor program, and my mentees have been co-

authors in 2 publications. Thank you for this wonderful opportunity to serve our organization.

**Candidate Statement:**

Sigma Xi is a global scientific organization that likely has profound impact within it’s

organization and the world in general. I have participated in some of its scientific chatrooms

and was thrilled to have felt as if I was engaged in a conversation with other intellectuals that

was of real value. Honor in Science, is a publication that I read through once in its entirety

and it gave me a better appreciation for the ethical issues that I encounter in the field

of medicine and perhaps that will carry over into the field of business also. It might be

advantageous to write an update to this publication based on current issues in the scientific

community. I shared the Sigma Xi resources with my children’s elementary school

Radium Springs Elementary in Albany, GA because I thought that they would make

a huge impact in their students lives. I suggest more outreach to younger generations of students

who are already interested in science and might also encourage to develop an interest. A

program that highlights areas related to medicine, public health, focusing on ethno-geriatric

trends and the aging phenomenon would be a real plus in the times that we live and research

in today. Sigma Xi might enhance its appeal as a diverse organization by reaching out

to educational institutions that classically focus on admitting students of color like Morehouse,

Spelman, and Bennett College. Then, these students might one day contribute to Sigma Xi once

they have reached their earning potential or before. Retention might be enhanced by reducing

or eliminating membership fees altogether, or, perhaps based on certain qualitative measures.

Another strategy might be creating steppingstones for members by which they eventually earn a

no dues membership. Thank you again!

**Samuel K. Williams, MD, CPG**

**Board Eligible Internist (ABPS)**

**Credentialed Professional Gerontologist (NAPG)**

**Special Purposes Examination (SPEX)**

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February 6, 2023

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**Current Position(s)**

Clinical Instructor/Volunteer Faculty 2015-present

Philadelphia College of Osteopathic Medicine (PCOM)/Department of Internal Medicine

Suwanee, Georgia

Independent Contractor/BAA Televisitmd 2021-present

Tele-health provider in GA, LA(COVID-19), and FL

**Education**

Medical Entomology Certificate Program, Udemy, Albany, GA 2023

Online MBA, Eastern New Mexico University (ENMU), Portales, NM 2022-present

Online MBA, Quantic School of Business and Technology, Washington, DC 2021-2022

Johns Hopkins University (JHU) Summer Institute in Biostatistics and Epidemiology 2012

Geriatric Medicine and Gerontology Fellowship, JHU, Nashville, TN 2011-2013

Online Healthcare MBA, Florida Institute of Technology (FIT), Melbourne, FL 2011-2011

Graduate Certificate in Teaching and Learning, Walden University, Minneapolis, MN 2011

Internal Medicine Residency, Boston Medical Center, Boston, MA 2008-2011

M.D., Meharry Medical College School of Medicine, Nashville, TN 2003-2008

B.S. in Chemistry/ACS Certified (cum laude), Morehouse College, Atlanta, GA 1999-2003

HCOP (valedictorian), Savannah State University, Savannah, GA 1999

# Academic Appointments

Clinical Instructor/Volunteer Faculty 2015-present

Philadelphia College of Osteopathic Medicine (PCOM)

Suwanee, GA

Assistant Professor 2014-2015  
Department of Physician Assistant Studies  
A.T. Still University  
City, AZ

Instructor of Geriatric Medicine 2013 - 2015  
Department of Geriatric Medicine and Gerontology  
Johns Hopkins University School of Medicine  
Baltimore, Maryland

**Professional Positions and Experience**

Medical Director/Part-time 2022-present

Collier Hospice House

Griffin, GA

Independent Contractor 2021-present

Tele-health Provider

Albany, GA

Primary Care Physician 2021-present

Veteran’s Evaluation Services (VES)

Atlanta, GA

Primary Care Physician 2020

Diversity Health Center

Hinesville, GA

Tele-health Provider 2018

Murdock Consulting

Little Elm, TX

Locum tenens, Primary Healthcare 2018

White Earth Indian Health Center

Ogema, MN

In-home Wellness Evaluations 2016-2018

Signifyhealth

Austin, TX

Primary Health Care 2016-2017

McKinney Medical Center

Waycross, GA

Locum tenens, Radar Health 2016

Washington County Regional Medical Center

Sandersville, GA

Georgia Volunteer Healthcare Program 2016-present

Georgia Department of Public Health (DPH)/Samaritan Clinic Site

Albany, GA

Primary Health Care 2015-2016

Miller County Hospital/R.E. Jennings Clinic

Colquitt, GA

Medical Director 2015

Lee County Health and Rehabilitation

Leesburg, GA

Primary Healthcare 2014-2015

Albany Area Primary Healthcare, Inc.

Albany, GA

State Medical Education Board of Georgia (SMEB) “Country Doctor Scholar” 2014-2019

Various Clinical Locations

Albany, Georgia

Primary Healthcare 2012-2014

Total Healthcare, Inc.

Baltimore, MD

Patient Centered Medical Home Design Team 2012-2014

Total Healthcare, Inc.

Baltimore, MD

VA Patient Safety Rotation/Project Implementation 2010

Boston Medical Center/Boston University School of Medicine

Boston, MA

National Health Service Corps (NHSC) Scholar 2005-2014

Total Healthcare, Inc.

Baltimore, MD

**Certification and Licensure**

Credentialed Professional Gerontologist (CPG), National Association of Professional Gerontologists (N.A.P.G.) (active)

American Board of Physician Specialties (ABPS) Board Eligible in Internal Medicine for 10/2023 test date

American Board of Internal Medicine (ABIM) (examined)

Board Eligible in Internal Medicine through the American Board of Physician Specialties (ABPS)

Special Purposes Examination (SPEX) scored 71, covers all specialties.

United States Medical Licensing Examination (USMLE) (passed)

DEA (active)

Georgia Medical License (active)

Louisiana Emergency Medical Permit (active)

Florida Tele-health Medical License (active)

Wisconsin Medical License (pending)

Maryland Medical License (inactive)

Massachusetts Limited Medical License (inactive)

Basic Life Support/American Red Cross (active)

Low-THC Oil Certifier in GA (active)

Baltimore Buprenorphine Initiative (inactive)

**Professional Development**

Pretest Internal Medicine Board Review Book 2023-present

45th Annual Intensive Review of Internal Medicine (HMS)

Harrison’s Principles of Internal Medicine Self-Assessment and Board Review 2022-present

Current Medical Diagnosis and Treatment 2022 by Papadakis, Mcphee, and Rabow 2022-present

An African American Philosophy of Medicine by Dorrance 2022-present

Healing Secrets of the Native Americans by Shimer 2022

The Country Doctor by Kafka 2022

HMS Trending Topics in Internal Medicine 2.25 AMA PRA Category 1 Credits 2021

Medscape Continuing Medical Education 40.0CME 2021-present

Medscape Business Academy 2017-present­­­

Harvard Internal Medicine Review 2017

Cardiovascular Disease Research/Boston University—Zannis Lab 2009

MIRT/Ethnobotany/Egerton University/Kenya—Cheplogoi Lab 2005

Computational Chemistry Research Laboratory/Fisk University 2004

Georgia Power Environmental Research Training—Blumer Lab 2002-2003

NASA Space Medicine and Life Sciences Research Training—Klement Lab 2002

REU Experience for Undergraduates in Integrative Evolutionary Biology—Vogt Lab 2001

**Synergestic Activities**

MBA in a Box by Joel Kurtzman 2022

Meharry Medical College National Alumni Association 2022-present

National Association of Medical Minority Educators, Inc. (NAMME) 2022-present

National Medical Association (NMA) 2022-present

National Black MBA Association (NBMBAA) 2022-present

The Association of Black Sociologists (ABS) 2021

American College of Physicians (ACP) 2021-2022

South Atlantic Medical Association 2020-2021

Reviewer, Journal of Healthcare for the Poor and Underserved (JHCPU) 2019

Reviewer, The Permanente Journal 2019

Member, American College of Physician’s (ACP) Insider Research Panel 2018

Morehouse College National Alumni Association, Life Member 2018-present

Founding Contributor to the USMLE Step 1 Question Bank/Examcircle.com 2017

Pro Member, International Academy of Precision Medicine (IAPM) 2016-2017

Full Member, European Medical Association (EMA) 2016-2017

100 Black Men of America, Baltimore Chapter 2014

Admitted to Georgetown’s Nephrology Fellowship 2014

Admitted to Tulane’s Nephrology Fellowship 2014

Sigma Xi, At Large 2013-present

Sigma Phi Omega (SPO), Delta Lambda Chapter 2013-present

**Clinical / Quality Improvement Activities**

Miller County Hospital/R.E. Jennings Clinic/Wrote Order Sets for Cerner/EMR 2015

Total Healthcare, Inc./CareFirst Grant/PCMH Development Project Team member 2013-2014

Johns Hopkins University School of Medicine/Rehabilitation Rotation 2012

West Roxbury VA Patient Safety Committee/BMC Residency Rotation/Elective 2010

**Educational Activities**

**Courses and Curriculum Development**

Longitudinal Course in Curriculum Development/JHU Curriculum Co-author 2012

Participated in piloting the curriculum which was adopted by the institution for instruction of 3rd and 4th year medical students.

**Clinical Teaching**

Geriatrics Teaching Points 2017

Most Difficult Case Conference/Aurora Health Care

Milwaukee, WI

Lecture

South Georgia State College 2017

Provided 75-minute diabetes lecture to their nursing students.

Waycross, GA

Preceptor

Auburn University 2014

Provided 70-hour clinical instruction to an Auburn University nursing student rotating at the Lee Medical Arts Center.

Leesburg, GA

Preceptor

Lee Medical Arts Center 2014-2015

Provided clinical instruction and a lecture to medical trainees from PCOM an A.T. Still University.

Leesburg, GA

Supervisor

Total Healthcare, Inc. 2013-2014

Trained and managed a mid-level nurse practitioner from UC Davis.

Baltimore, MD

**Small Group Teaching**

Grand Rounds Presenter 2013

“Medical Care in Underserved Elderly Populations”

JHU Geriatric Medicine and Gerontology

Baltimore, MD

Oral Presentation 2013

“Cardiovascular Disease in Women”

*Our Lady of Fatima Catholic Church*

*Baltimore, MD*

Panelist 2013

“Patient Centered Medical Home Delivery of Care”

Larry Young Radio Show

Baltimore, MD

Panelist 2013

“Patient Protection and Affordable Care Act”

Morgan State University

Baltimore, MD

Discussant 2012

Diversity panel sponsored by the Office of Diversity and Multi-cultural Affairs

Boston University School of Medicine

Boston, MA

Oral Presentation 2012

“Everything You Want to Know about Men’s Health”

Christian Life Church

Baltimore, MD

Oral Presentation 2011

“The Ethno-geriatric Imperative”

Scarritt Bennett Center/Meharry-Vanderbilt Annual Geriatric Retreat

Nashville, TN

**Educational Administration**

National Health Service Corps Mentoring Program 2016-2017

Mentees included Student Doctors Allison Doyle, Georgetown University SOM, Joseph Guernsey, University of Florida—College of Medicine, and Ashruta Patel, Philadelphia College of Osteopathic Medicine—Suwanee Campus, all 3 mentees are now in residency, and co-authors in "The Grandmother Principle: The Sociological Imagination Applied to Geriatric Medicine and Gerontology," in J Best Pract Health Prof Divers.

Summer Medical Education Program (SMEP) Fellow 2004

I taught general chemistry to a group of pre-medical students collaboratively with a colleague from

Meharry Medical College.

**Didactic Sessions**

Chair 2013

Long Term Care II/Paper Session

GSA Annual Scientific Meeting

**Honors and Awards**

Marqui’s Who’s Who 2022

Findatopdoc.com 2020-present

Service Project Award/Sigma Phi Omega (SPO) 2022

Rural Leader Magazine’s Top Forty Under 40 2019

Patient Advocate Award, Boston Medical Center 2011

Honors in Growth, Development, and Aging Module, Meharry Medical College 2006

Robert S. Anderson Memorial Scholarship 2007

Thomas J. Blocker, Jr. Memorial Scholarship 2003

Boehringer-Ingelheim Scholarship 2000

Morehouse College Academic Scholarship 1999

Zeta Phi Beta Scholarship 1999

HOPE Scholarship 1999

Who’s Who 1999

Revlon Crème of Nature Scholarship 1999

Papa John’s Scholarship 1999

**Grants and Contract Awards**

Pollination Project/Seed Project Grant (not awarded) 2019

Robert Wood Johnson Foundation Grant (not awarded)

**Publications**

Williams, S. “Helping Brothers to Reach Their Goals: ‘Able to Focus on Studying.” Morehouse Magazine, Summer 2007, [https://issuu.com/morehousemagazine/docs/summer2007](about:blank).

Williams, S.K. “A Second Look at Geriatrics,” Meharry- Vanderbilt Student Alliance

Newsletter. Winter 2006/2007, Volume 4, Issue 2, Page 7, 2005.

Williams, S.K., Chao, S. “Prolonged Hypoglycemia in a Diabetic Patient

with Multifactorial Anorexia.” In: 2011 Annual Scientific Meeting of American

Geriatrics Society. May 11-14th; National Harbor, MD.Journal of the American Geriatrics Society,

Special Issue 2011 Annual Scientific Meeting Abstract Book: The American Geriatrics Society,

A5, 2011.

Williams, S.K., Block, L., Morgan, M., Cayea, D. “Rationale for the Development of an

Interdisciplinary Transitions in Care Curriculum for Medical Students,” Johns Hopkins University

IEE/SOM Education Conference poster presentation, 2012.

Williams, S., Ahmed, M., Bellantoni, M., Greenough, W.B., Finucane, T., Weiss, C.

“Transfer Risks from Chronic to Skilled Ventilator Units,” 2013 Scientific Meeting of

the Gerontological Society of America oral presentation, 2013.

Williams, S., Kirk, A., Fox, A.R., McNabney, M. “What do we know about the role of Federally

Qualified Health Centers (FQHC) in the care of poor older adults?” In: 2013 Annual Scientific

Meeting of American Geriatrics Society. May 2-5th; Grapevine, TX. Journal of the American

Geriatrics Society, Special Issue 2013 Annual Scientific Meeting Abstract Book: The American

Geriatrics Society, A96.

Williams, S. “Smart exercise a healthy lifestyle course,” Albany Herald, 09/21/2015

Williams, S. “Geriatric house calls help patients, physicians,” Baltimore Sun, 12/27/2015

Williams, S. “Routine Health Screening: We Can Do Better,” Rural Leader Magazine,

04/2016, [http://ruralleadermagazine.com/](about:blank).

Williams, S., Braxton, J, Gosdin, M, Nobis, N, Williams, D, “Evidence-based Care of the Elderly:

Uses of the “Grandmother Principle,” Journal of Healthcare for the Poor and Underserved,

volume 28.1, February 2017.

Williams, S. "Can We Merge Geriatrics and Entomology into a Single Field?" News of the Lepidopteran Society, Volume 60, Number 3, page 146, Fall 2018.

Williams, S., Patel, A, and Doyle, A. “The Relationship Between Age and Treatment of Adults,” The Student Doctor Network, www.studentdoctor.net, 05/31/2021.

User, S., 2022. Samuel K. Williams, III, MD, CPG. [online] Leaflet-ejournal.org. Available at: <http: www.leaflet-ejournal.org/archives-index/item/Samuel-k-williams-iii-md-cpg> [Accessed 15 July 2022].

Williams, S.K. (n.d.). “The Grandmother Principle.” Urban Dictionary. Retrieved July 15, 2022, from https://www.urbandictionary.com/define.php?term=The+Grandmother+Principle.

Williams Samuel, M., 2022. Improving the Process of Healthcare Delivery - SDN. [online] Student Doctor Network. Available at: <https://www.studentdoctor.net/2022/04/28/improving-the-process-of-healthcare-delivery/> [Accessed 15 July 2022].

Acknowledgements:

Garrett, Ruth. “More is Better.” http://gerontologygenie.org/ Accessed 07/26/2016. 2016

Smith, Felicia, MPH. “The Efficacy of Chlorhexidine Gluconate in Reducing Ventilator 2015

Associated Pneumonia.”

McNabney, Matthey, M.D. “Geriatrician in rural Georgia speaks up for house calls and 2015

fondly recalls training at Johns Hopkins.” AGS Member Forum. December 28, 2015.

Garrett, Ruth. Embracing Aging: Discovering Fulfillment through Coping with Life’s Changes. 2010

Non-Health Related Publication(s):

Williams, S. Sarai’s “Juicy Jumpers.” Copyright 2016. Steuben Press. 2016

Williams, S. Goo-Goo! Copyright 2016. Steuben Press. 2016

**Published Abstracts and Presentations**

Williams, S. "The Grandmother Principle: The Sociological Imagination Applied to Geriatric Medicine and Gerontology," J Best Pract Health Prof Divers (Fall, 2019), 11(2), 161.

**Social Media**

LinkedIn 2014-present

Secret Society of Meharry Facebook Group/Developer/Moderator 2016-present

GoFundMe Campaign (Raised $7,128.00) 2020

Doximity 2021-present

**Other Creative Products**

Williams, S. K. (2019, July 11). *Fundraiser for Dr. Samuel K. Williams, III, MD, CPG*. YouTube. Retrieved July 15, 2022, from https://www.youtube.com/watch?v=KbhcO\_ntgqg

**Patents and Technology Transfer**

Provisional Design Patent2022

**Professional Community Activities**

Recycling in Albany Georgia 2022-present

Samaritan Clinic Volunteer 2016-present

Charitable Donations 2021-present

Stonebridge Country Club 2014-2015